PI3P phosphatase activity is required for autophagosome maturation and autolysosome formation

Yanwei Wu, Shiya Cheng, Hongyu Zhao, Wei Zou, Sawako Yoshina, Shohei Mitani, Hong Zhang, Xiaochen Wang

Abstract

Autophagosome formation is promoted by the PI3 kinase complex and negatively regulated by myotubularin phosphatases, indicating that regulation of local phosphatidylinositol 3-phosphate (PtdIns3P) levels is important for this early phase of autophagy. Here, we show that the Caenorhabditis elegans myotubularin phosphatase MTM-3 catalyzes PtdIns3P turnover late in autophagy. MTM-3 acts downstream of the ATG-2/EPG-6 complex and upstream of EPG-5 to promote autophagosome maturation into autolysosomes. MTM-3 is recruited to autophagosomes by PtdIns3P, and loss of MTM-3 causes increased autophagic association of ATG-18 in a PtdIns3P-dependent manner. Our data reveal critical roles of PtdIns3P turnover in autophagosome maturation and/or autolysosome formation.

Keywords autolysosome; autophagy; Caenorhabditis elegans; MTM-3; PtdIns3P

Introduction

In the process of macroautophagy (hereafter called autophagy), cytosolic materials are sequestered within double-membrane autophagosomes, which mature to fuse with lysosomes where cargoes are degraded. Autophagosome biogenesis is controlled by four protein complexes. The Atg1/Atg13 complex and the class III PI3 kinase Vps34 complex are required for induction and nucleation of the isolation membrane or phagophore, while two ubiquitin-like conjugation systems (Atg5-Atg12, Atg16, and Atg8-PE) act sequentially to elongate the isolation membrane, leading to autophagosome formation. The Atg1/Atg13 complex and the class III PI3 kinase Vps34 complex are required for induction and nucleation of the isolation membrane or phagophore, while two ubiquitin-like conjugation systems (Atg5-Atg12, Atg16, and Atg8-PE) act sequentially to elongate the isolation membrane, leading to autophagosome formation [2]. The Atg18/Atg2 and Atg1 complexes regulate retrieval of Atg9, which supplies membrane for autophagosome formation [2]. Except for Atg8/LC3-II, Atg proteins dissociate from sealed autophagosomes, which then fuse directly with vacuoles in yeast, but interact with endocytic compartments in higher eukaryotes before fusing with lysosomes [3]. Consistent with this, essential endocytic regulators such as Rab GTPases and ESCRT proteins play important roles in autophagosome maturation, while Beclin1-binding proteins UVRAG and Rubicon regulate both endocytic transport and autophagy [4].

Phosphatidylinositol 3-phosphate (PtdIns3P) regulates various cellular processes by recruiting specific protein effectors to target sites. Upon autophagy induction, PtdIns3P is produced at the PAS in yeast or a subdomain of the ER or ER–mitochondria contact sites in higher eukaryotes and promotes autophagosome biogenesis by recruiting PtdIns3P-binding effectors such as Atg18/WIPI and DFCP1 [2,5–7]. In addition to the PI3 kinase Vps34, which generates PtdIns3P, recent studies indicate that myotubularin phosphatases, which convert PtdIns3P to PI, also play a role in autophagy. There is evidence that both Jumpy/MTMR14 and MTMR3 negatively regulate early events in the mammalian autophagy pathway [8,9]. These studies suggest that at the initiation step, the local PtdIns3P level is tightly controlled by both PI3 kinase and phosphatase to ensure that autophagy occurs at an appropriate level. PtdIns3P regulation in autophagosome initiation has been extensively studied, but little is known about how it is controlled in autophagosome maturation into autolysosomes. Ymr1, the only myotubularin phosphatase in yeast, promotes dissociation of Atg proteins from autophagosomes and thus positively regulates autophagy progression [10]. It is unclear whether the distinct effect of human and yeast myotubularin phosphatases on autophagy is due to intrinsic species-specific differences in autophagy, or because PtdIns3P turnover has opposing effects if it occurs at different stages of autophagy.

Caenorhabditis elegans contains three active myotubularin phosphatases (MTM-1, 3, and 6) and two inactive members (5 and 9) [11]. MTM-1 is important for apoptotic cell clearance, while MTM-6...
and 9 regulate endocytic transport [12–15]. The cellular functions of MTM-3 and 5 are unclear. Here, we identified *C. elegans* MTM-3 as a positive regulator of autophagy. Our data indicate that PtdIns3P turnover catalyzed by myotubularin phosphatase plays important roles in autophagosome maturation and/or autolysosome formation.

## Results and Discussion

### Loss of MTM-3 causes defects in autophagy-related processes

We examined autophagy-related processes in mutants that are defective in *mtm-1*, 3, 5, 6, and 9 (Supplementary Fig S1A). The *C. elegans* p62 homolog, SQST-1 (SeQueSTosome-related protein), associates with various protein aggregates and is removed by autophagy during embryogenesis [16]. SQST-1 is weakly expressed and diffusely localized in the cytoplasm of wild-type embryos, but forms numerous aggregates in autophagy mutants [16]. We found that SQST-1 aggregates were not detected in wild type but accumulated significantly in *tm4475*, a deletion mutant of *mtm-3* that removes all but the first 66 amino acids of the MTM-3 protein (Fig 1A–B; Supplementary Figs S1A and S2A and B; Supplementary Methods). Loss of *mtm-1*, 5, 6, or 9 did not cause accumulation of SQST-1 (Supplementary Fig S1A–F; Supplementary Methods). Similarly, aggregates of SEPA-1, an autophagy substrate that mediates aggregation and autophagic degradation of PGL granules (somatic PGL-1- and PGL-3-positive granules) in *C. elegans* embryos, were not observed in late embryonic stages in wild-type or *mtm-1*, 5, 6, and 9 mutants, but persisted in *mtm-3*(tm4475) embryos (Fig 1C and D; Supplementary Figs S1G and S2C and D) [17]. Other autophagy substrates, including C17E4.2 and C33D9.6, also accumulated ectopically in *mtm-3* embryos (Supplementary Fig S2E–H) [18]. Thus, loss of *mtm-3*, but not other myotubularin phosphatases, affects degradation of various autophagic substrates. The *C. elegans* Atg8/LC3 homolog, LGG-1, which is essential for autophagosome biogenesis, associates with autophagosome membranes and their precursors. In wild type, LGG-1 puncta are usually seen around the 100–200-cell stage and decrease as embryos develop [16] (Supplementary Fig S1E and F). In *mtm-3* mutants, however, we observed significantly increased LGG-1 puncta in late embryonic stages and accumulation of both LGG-1 and LGG-1-II (lipid-conjugated form of LGG-1), suggesting a defect in autophagy (Fig 1F and G). LGG-1 puncta were normal in *mtm-1*, 3, 5, 6, or 9 mutant embryos (Supplementary Fig S1L). In addition to degrading protein aggregates, autophagy activity is required for the survival of newly hatched L1 larvae in the absence of food [19]. Like other autophagy-defective mutants, loss of *mtm-3* severely affected the survival of starved L1 larvae, reducing the mean life span to 3.5 days from 18.0 days in wild type (Fig 1H). These data further suggest that loss of *mtm-3* function impairs autophagy. Recombinant MTM-3 displayed significant phosphatase activity toward PtdIns3P and PtdIns(3,5)P2 in vitro (Fig 2J; Supplementary Methods). Expressing wild-type but not catalytically inactive MTM-3 completely rescued the autophagy phenotypes of *mtm-3*(l), indicating that MTM-3 acts as a lipid phosphatase to promote autophagy (Fig 2J; Supplementary Fig S3A–C and H). Expression of human MTMR3 driven by the *mtm-3* promoter efficiently rescued the autophagy defects in *mtm-3* mutants (Supplementary Fig S3D and H), suggesting that human MTMR3 can substitute for MTM-3 in *C. elegans*

MTM-3 promotes autolysosome formation

We generated a GFP::MTM-3 reporter driven by the *mtm-3* promoter (P*mtm-3*-GFP::MTM-3), which efficiently rescued the autophagy phenotype in *mtm-3* mutants (Supplementary Fig S3B and H). GFP::MTM-3 was diffuse in the cytoplasm of almost all cells during embryogenesis (Fig 2A; Supplementary Fig S3K–L). In larvae and adults, MTM-3 was found in various cell types including pharyngeal cells, vulva muscle cells, intestine and cells in the tail region (Supplementary Fig S3M–P). GFP::MTM-3 expression was unaltered in autophagy mutants, suggesting that MTM-3 itself is not removed by autophagy (Supplementary Fig S3Q–T). To examine whether MTM-3 is recruited to autophagosomes or their precursors, we constructed a GFP reporter of *MTM-3*(C459S), a catalytically inactive substrate-trapping form of MTM-3 (Fig 2J). GFP::MTM-3 (C459S) was expressed at a higher level than the wild-type protein and formed punctate structures that overlapped well with endogenous LGG-1 puncta (Fig 2B, D–D′ and I; Supplementary Fig S3J). Loss of *lgg-1*, which disrupts autophagosome biogenesis, but not *rab-5* or *rab-7*, which affect endosome formation, significantly reduced the number of GFP::MTM-3(C459S) puncta, suggesting that MTM-3(C459S) localizes to autophagic structures (Fig 2H). Loss of *VPS-34*, the PI3 kinase that produces PtdIns3P on autophagic structures, dramatically reduced GFP::MTM-3(C459S) puncta and their co-localization with LGG-1 (Fig 2G–I). Moreover, GFP::MTM-3 (C459S, del PH-G), which lacks the phosphoinositide-binding PH-GRAM domain of MTM-3, failed to form puncta (Fig 2C) [20]. These data suggest that MTM-3 is recruited to autophagosomes by *PtdIns3P*. Mutation of *atg-2*, which blocks completion of autophagosomes, did not affect MTM-3(C459S) puncta or their co-localization with LGG-1 (Fig 2F–F′, H and I).

### MTM-3 acts downstream of ATG-9, ATG-18, and ATG-2 in the aggrephagy pathway

Autophagy proteins act in a stepwise pathway to remove various protein aggregates (aggrephagy) during *C. elegans* embryogenesis. The *C. elegans* Atg1 kinase complex UNC-51-EPG-1-EPG-9 acts first, followed by the PI3 kinase complex EPG-8-VPS-34-BEC-1. ATG-18/WIP1/2 acts earlier than the ATG-2-EPG-6 complex, which regulates progression from isolation membrane to autolysosome. EPG-5/mEPG-5 functions downstream of ATG-2-EPG-6 to regulate autolysosome formation, while CUP-5/TRPML1 is required for degradation of autophagic cargo in autolysosomes.
To determine where MTM-3 acts in this pathway, we examined the morphology and distribution of PGL granules (detected by anti-SEPA-1 antibodies) and LGG-1 puncta in mtm-3, atg, or epg single mutants and atg/epg;mtm-3 double mutants. In mtm-3 (tm4475) embryos, PGL granules and LGG-1 puncta are spherical and dispersed in the cytoplasm, with 31.6% of PGL granules overlapping with LGG-1 (Fig 3A, A' and L; Supplementary Fig S5A–A'000). epg-8 encodes a highly divergent functional homolog of Atg14, a component of the Vps34 PI3K complex [21]. epg-8 mutants contained spherical PGL granules and LGG-1 puncta which were mostly separated (Fig 3B, B' and L; Supplementary Fig S5B–B'000) [22]. Similarly, in atg-9 mutants, the fewer and bigger LGG-1 puncta were mostly separable from PGL granules (Fig 3D and L; Supplementary Fig SSD–D''000) [23]. The PtdIns3P-binding protein ATG-18/WIPI1/2 acts early in autophagosome formation and loss of its function caused accumulation of PGL granules and LGG-1 puncta, which were close but did not overlap (Fig 3F and L; Supplementary Fig S5F–F'000) [23]. PGL granules and LGG-1 puncta in epg-8;mtm-3, mtm-3;atg-9, or mtm-3;atg-18 double mutants resembled those in epg-8, atg-9, or atg-18 single mutants, suggesting that epg-8, atg-9, and atg-18 are epistatic to mtm-3 in the aggrephagy pathway (Fig 3C, E, G and L; Supplementary Fig SS–C''000, E–E''000 and G–G''000). The ATG-2 protein forms a complex with EPG-6/WIPI3/4 to regulate formation of autophagosomes from omegasomes. epg-8, atg-9, and atg-18 are epistatic to atg-2 and epg-6 in the aggrephagy pathway [23]. atg-2 mutants...
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Figure 2. GFP::MTM-3(C459S) associates with autophagic structures.

A–C Fluorescent images of wild-type embryos [1.5-fold stage] expressing GFP::MTM-3 (A), GFP::MTM-3(C459S) (B), or GFP::MTM-3(C459S, del PH-G) (C).

D–G Confocal fluorescent images of wild-type [D–G(D′)] and epg-5 mutants [E–E′]. atg-2 [F–F′], and eps-34 [G–G′] embryos at the 200-cell stage expressing GFP::MTM-3(C459S) and stained by anti-LGG-1 antibody. Insets show magnified views. Arrows indicate overlapping GFP and LGG-1 puncta. Scale bars 5 μm.

H, I Number of GFP::MTM-3(C459S)-positive puncta and co-localization of GFP::MTM-3(C459S)- and LGG-1-positive puncta in various strains [mtm-3(tma4475), atg-2 (bp576), lgg-1(bp500), eps-34(h797)]. At least 10 (I) and 15 (H) embryos were scored per strain. Data are shown as mean ± SD. Data from different mutant backgrounds were compared with wild type. **P < 0.0001; N.S.: not statistically different.

MTM-3 but not MTM-3(C459S) exhibits phosphatase activity toward PtdIns3P and PtdIns3P(0,0001) in utro.

Source data are available online for this figure.

The localization and number of PGL granules and LGG-1 puncta in 34% of the PGL granules co-localized with LGG-1 puncta (Fig 3H and L; Supplementary Fig S6A–A′′′) [23]. The morphology and distribution of PGL granules and LGG-1 puncta in mtm-3(0) and double mutants resembled that in atg-2 single mutants (Fig 3A′, H, I and L; Supplementary Fig S6B–B′′′), suggesting that atg-2 is epistatic to mtm-3 in the aggrephagy pathway. epg-5 encodes a metazoan-specific autophagy gene, which acts downstream of the ATG-2-EPG-6 complex [23]. We observed very similar patterns of PGL granules and LGG-1 puncta in mtm-3, epg-5, and epg-5;mtm-3 embryos (Fig 3A′, J and K; Supplementary Fig S6C–D′′′). The co-localization of PGL granules with LGG-1 puncta was also indistinguishable in mtm-3 (31.6%), epg-5 (25.7%) or epg-5;mtm-3 double mutants (26.0%) (Fig 3L). Together, these data indicate that MTM-3 acts at a similar step to EPG-5 in the aggrephagy pathway, and this step is downstream of EPG-8, ATG-9, ATG-18, and ATG-2.

Autophagosomes in mtm-3 mutants are not fused with lysosomes

EPG-5 is suggested to be involved in the formation of functional autolysosomes [21,23]. We examined autolysosome formation in mtm-3, epg-5, and epg-5;mtm-3 worms. In mtm-3(tma4475) embryos, 78.6% of SQST-1::GFP aggregates did not co-localize with the lysosomal reporter NUC-1::mCherry [24], suggesting that autophagic substrates are not within autolysosomes (Fig 4A–A′′ and H). In epg-5 mutants, 42.5% of SQST-1::GFP puncta were clearly separated from NUC-1::mCherry, while 46.4% stayed very close to but did not overlap with lysosomes (Fig 4B, H and I). The close association of SQST-1::GFP with lysosomes in epg-5 mutants was mostly suppressed in epg-5;mtm-3 double mutants, with 77.7% of SQST-1::GFP being separated from lysosomes, a phenotype resembling that in mtm-3 single mutants (Fig 4C, H and I). These data suggest that MTM-3 acts earlier than EPG-5 in autolysosome formation. Loss of function of laat-1, which encodes a lysosomal lysine/arginine transporter, severely affects lysosome function, causing accumulation of autophagic cargo in autolysosomes [25]. CUP-5, the C. elegans functional ortholog of the mammalian lysosomal channel protein MLN1/TRPML1, regulates lysosomal biogenesis and loss of cup-5 impairs degradation of autolysosomal contents [26–28]. We found that 94% and 98% of SQST-1::GFP puncta co-localized with lysosomes in laat-1 and cup-5 mutant embryos, respectively, indicating accumulation of autophagy substrates in autolysosomes (Fig 4D, F and H). Lysosomal accumulation of SQST-1::GFP in laat-1 and cup-5 mutants was significantly reduced when mtm-3 was inactivated by RNAi (Fig 4E, G and H), suggesting that loss of mtm-3 impairs autolysosome formation. Similar phenotypes were observed when autolysosome formation was examined using GFP::LGG-1 and NUC-1::mCherry (Supplementary Fig S7). To corroborate this, we examined autophagosomes by transmission electron microscopy (TEM). In mtm-3(tma4475) mutant embryos, double-membrane autophagosomes, but not autolysosomes, were readily observed, whereas none of these autophagic structures were easily seen in wild type (Fig 4J–L). These data indicate that loss of mtm-3 function impairs autolysosome formation.

Loss of MTM-3 increases the association of ATG-18 with autophagic structures

As a PtdIns3P phosphatase, MTM-3 may modulate the PtdIns3P level on autophagic structures. We examined the localization of ATG-18::GFP, the PtdIns3P-binding effector, in wild-type and mtm-3 mutants [23]. ATG-18::GFP was diffuse in the cytoplasm of wild type but formed puncta in mtm-3 mutants (Fig 5A, B and J; Supplementary Fig S8E). ATG-18 remained diffuse in other autophagy mutants like atg-2 or epg-5, indicating that the ATG-18::GFP puncta seen in mtm-3(0) are not simply protein aggregates formed in autophagy-defective mutants (Supplementary Fig S8A–D′). The ATG-18::GFP-positive structures in mtm-3 mutants co-localized well with puncta labeled by endogenous LGG-1 and were significantly reduced in number in mtm-3; lgg-1 RNAi worms (Fig 5D, I and J), indicating that they associated with autophagic structures. Loss of VPS-34 greatly reduced the number of ATG-18::GFP puncta, and two mutations in ATG-18, FKKG and FFTG, which abolish its binding to PtdIns3P, disrupted ATG-18 puncta formation in mtm-3 embryos (Fig 5C, E–H and J) [23]. These data suggest that loss of mtm-3 elevates the PtdIns3P level on autophagic structures, leading to increased autophagic association of the PtdIns3P-binding effector ATG-18.

In summary, we identified MTM-3 as a positive regulator of autophagy in C. elegans. MTM-3 is recruited by and regulates PtdIns3P on autophagic structures to promote autophagosome maturation into autolysosomes (Supplementary Fig S8F). MTM-3 may hydrolyze PtdIns3P to trigger release of PtdIns3P-binding effectors from autophagosomes, thus allowing recruitment of proteins involved in next-step maturation or fusion with lysosomes. In yeast, myotubularin Ymr1 catalyzes PtdIns3P turnover to release Atg proteins from autophagosomes for fusion with vacuoles [10]. Thus, PtdIns3P clearance from the autophagosomal surface is probably a prerequisite for autolysosome formation and myotubularin phosphatases play evolutionarily conserved roles in this process. It remains to be seen if this mechanism applies to mammalian autophagosomes.

Worm and yeast myotubularin phosphatases promote autolysosome formation, while human Jumpy and MTMR3 are suggested to...
negatively regulate autophagy at the initiation step (Supplementary Fig S8F). PtdIns3P turnover may therefore have distinct effects on autophagy at different stages (initiation versus maturation). It is important to determine how specific myotubularin phosphatases are temporally and spatially regulated to control PtdIns3P turnover at different stages and how this affects autophagy. Our observation that MTM-3 overexpression does not inhibit autophagy suggests that rate-limiting regulatory factors are involved in controlling recruitment, release or activity of MTM-3 on autophagic structures.

Materials and Methods

Quantification analysis

Fluorescent confocal images of embryos were collected to determine (1) the percentage of SQST-1::GFP or GFP::LGG-1 puncta that co-localize or are close to NUC-1::mCHERRY-positive structures and (2) the percentage of GFP::MTM-3(C459S)- or SEPA-1-puncta that co-localize with LGG-1 puncta. Puncta in whole embryos (2) or five...
different areas of the embryo were quantified, and 10 embryos were scored in each strain. The number of GFP::MTM-3(C459S)- and ATG-18::GFP-positive structures in embryos was scored directly under the fluorescent microscope. At least 15 embryos were quantified in each strain.

**Phosphatase assay**

MTM-3 phosphatase activity was determined with a Malachite Green Assay kit (Echelon Biosciences Inc., USA) as instructed by the manufacturer. Briefly, 500 ng recombinant HIS-tagged MTM-3 was dissolved in reaction buffer and incubated at 37°C for 30 minutes. The reaction was stopped, and the absorbance was measured at 650 nm.

**Figure 4. Loss of mtm-3 impairs autolysosome formation.**

A-G Confoocal fluorescent images of 1.5-fold-stage embryos from the indicated strains expressing both SQST-1::GFP and NUC-1::mCHERRY. Insets show magnified views. Arrows indicate overlapping or closely associated GFP and mCHERRY. Scale bars: 5 μm. The wild type contains no visible SQST-1::GFP puncta at this stage and is therefore not shown.

H, I The percentage of SQST-1::GFP-positive puncta that overlap with (H) or are close to (I) NUC-1::mCHERRY-positive structures in each strain. At least 10 embryos were scored per strain. Data are shown as mean ± SD. **P < 0.0001; N.S.: not statistically different.

J-L TEM analysis of embryos in wild type (I) and mtm-3(tm4475) (J, K). Double-membrane autophagosomes (arrows) were observed in mtm-3 but not wild-type embryos. Scale bars: 500 nm.

Source data are available online for this figure.
or MTM-3(C459S) was incubated with 1 mM DiC8PtdIns3P or DiC8PtdIns(3,5)P2 in 25 µl reaction buffer (50 mM Tris-HCl, 100 mM NaCl, 2 mM CaCl2, 2 mM DTT) at 20°C overnight. One hundred microliters Malachite Green Solution was then added to each reaction and incubated for 20 min at room temperature. Absorbance was measured at 620 nm. Control reactions contained no MTM-3 protein (blank). Each reaction was performed in triplicate to get the mean absorbance. Two independent experiments were performed with similar results, and one of them is shown in Fig 2J.

Immunostaining

Mixed-stage embryos were fixed and incubated with anti-LGG-1 (1:1,000) or anti-SEPA-1 (1:10,000) in blocking buffer at 4°C overnight. After washing with PBST (PBS + 0.2% Tween 20), samples were incubated with Texas red-conjugated and/or FITC-conjugated secondary antibodies (Jackson ImmunoResearch, 112-075-003 and 115-095-003) at a 1:200 dilution for 1 h at room temperature. The stained samples were washed and mounted in 15% VECTASHIELD mounting medium with DAPI (VECTOR) and visualized using a Zeiss LSM 510 Meta inverted confocal microscope (Carl Zeiss, Germany).

Statistical analysis

The standard deviation (SD) was used as the y error bar for bar charts plotted from the mean value of the data. Data derived from different genetic backgrounds were compared by Student’s two-way
unpaired t-test. Data were considered statistically different at P < 0.05 (indicated in the figure legend).

See Supplementary Methods for a list of strains, imaging analysis, construction of reporters, RNAi and statistical analyses.

Supplementary information for this article is available online: http://embor.embopress.org

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Author contributions
YW and XW designed the experiments, analyzed the data, and wrote the manuscript. YW performed most of the experiments. SC and WZ performed some genetic experiments, and HZhang performed the EM analysis. SY, SM and HZhang provided reagents.

Conflict of interest
The authors declare that they have no conflict of interest.

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